



AKKARY Surgery Center

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STOP-BANG Sleep Apnea Questionnaire

Name: _____

DOB: _____

Height: _____ Weight: _____

BMI: _____

Age: _____ Male/Female

Do you SNORE loudly (louder than talking or loud enough to be heard through closed doors)?	Yes	No	0 / 1
Do you often feel TIRED , fatigued, or sleepy during daytime?	Yes	No	0 / 1
Has anyone OBSERVED you stop breathing during your sleep?	Yes	No	0 / 1
Do you have or are you being treated for high blood PRESSURE ?	Yes	No	0 / 1

STOP

Score

BMI more than 35kg/m ² ?	Yes	No	0/1
AGE over 50 years old?	Yes	No	0/1
NECK circumference > 16 inches (40cm)?	Yes	No	0/1
GENDER: Male?	Yes	No	0/1

BANG

Score

TOTAL SCORE:

High risk of OSA: 5-8

Intermediate risk of OSA: Yes 3-4

Low risk of OSA: Yes 0-2